



Discipline and Guidance Policy

- ❖ Discipline must be:
 1. Individualized and consistent for each child
 2. Appropriate to the child's level of understanding
 3. Directed toward teaching the child acceptable behavior and self-control

- ❖ A caregiver may only use positive methods of discipline and guidance that encourages self-esteem, self-control and self-direction, which include at least the following:
 1. Using praise and encouragement of good behavior instead of focusing only upon unacceptable behavior
 2. Reminding a child of behavior expectations daily by using clear, positive statements
 3. Redirecting behavior using positive statements
 4. Using brief supervised separation or time out from the group, when appropriate for the child's age and development, which is limited to no more than 1 minute per year of the child's age.

- ❖ There must be no harsh, cruel or unusual treatment of any kind. The following types of discipline and guidance are prohibited.
 1. Corporal punishment or threats of corporal punishment
 2. Hitting a child with a hand or instrument
 3. Humiliating, ridiculing, rejecting or yelling at a child
 4. Subjecting a child to harsh, abusive or profane language
 5. Requiring a child to remain silent or inactive for inappropriately long periods of time for a child's age

My signature verifies I have read and received a copy of this discipline and guidance policy.

Signature

Date

Check one please:

Parent

Guardian